



Buena Regional High School is participating in the National Random Acts of Kindness Week, lasting from Tuesday February 9, until Friday, February 12. Students from the Peer Leadership class will be running kindness activities in the cafeteria during students lunch periods. Below is the color of clothing for each day and the day's kindness idea.

Tuesday, February 16: "Twitter Tuesday"



- Wear TURQUIOSE OR LIGHT BLUE
- Peer Leaders will encourage students to tweet something positive during their lunch period and #RAKbuena

Wednesday, February 17: "RAK Wednesday"



- Wear RED
- RAK – Random Acts of Kindness
- Peer Leaders will explain the concept of "Pay it Forward"
- In the cafeteria the Peer Leaders will give examples of random acts of kindness and encourage students to share a time they acted in that manner. There will be an idea board and a completed kindness board.

Thursday, February 18: "Text Thursday"



- Wear Yellow or dress like an emoji
- Peer leaders will encourage students to text nice messages to five different people during lunch or after school
- Also, in the cafeteria students are encouraged to write a message on a text template and leave it on the board for someone to read.



Friday, February 19: "Photo Booth Friday"

- Wear Buena Blue
- Peer Leaders will design a make shift photo booth for students to take pictures with friends during lunch.
- Peer Leaders will encourage students to reflect upon great times at Buena and post pictures of them on instagram and #BuenaChiefs

