

## FRIENDSHIP OUTREACH

Dear Parent{s)/Guardians:

On Friday December 9, 2016 all freshmen will be having an outreach on friendship. Below you will find the agenda and goals of the outreach. "Don't walk behind me; I may not lead. Don't walk in front of me; I may not follow. Just walk beside me and be my friend."

### Outreach Agenda:

- Stand up – Icebreaker, getting to know each other activity
- Dynamic Duo Friendships- Students will match cards with each other making a pair of friends. They will discuss what makes their friendship special.
- IALAC- I am lovable and capable. Students will read a story and tear a piece of a heart every time they hear something upsetting happen to a freshmen student. They will go around and explain how devastating it is to tear away at someone's invisible IALAC sign.
- Hands on game – students will draw a card and if it best fits their personality it will go on their game board.
- Draw a snowman- closing game

This outreach is to educate students about how to choose friends that will help enhance their life mentally, socially and emotionally. There will be a lot of emphasis on not hurting other peoples feelings. We will discuss the importance of your words directed at others. Please reinforce this lesson at home over the coming weeks. Thank you!



Misty Russo & The BRHS Peer Leaders